



Woodland Hills, CA.

Ages 5-10



**TUESDAYS,  
WEDNESDAYS &  
THURSDAYS**

**December 3, 4, 9, 10,  
11, 16, 17 & 18**

3:00-5:00 PM



**Private Event with Ms. Gaby • By Invitation Only**

Small group • Limited to 12 children • Early Bird Tuition available through November 25

# Winter Passport: The Art of Simple Living Series

## **Creative & Mindful Afternoons for Kids A Journey of Connection and Creativity**

Children explore mindfulness, cooking, art, gardening, and storytelling — inspired by **Tiny Chefs Around the World, I AM LOVE, and Cosmic Art.**

Each week invites gentle yoga, gratitude, eco-art, and reflection – nurturing calm, creativity, and connection through nature-based play.

Hosted by Gabriela Rocha Caballero. Eco-Educator, Author, and Founder of Suddha Prem.



## **Your child will enjoy mindful afternoons that include:**

- All materials & healthy snacks
- Journaling & mindfulness practices
- Garden-to-table cooking projects
- Gardening
- Art + coloring
- Movement
- Safe & nurturing home environment

**Early Bird:  
\$495  
Regular:  
\$595**

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[suddhaprem.com/winterpassport](http://suddhaprem.com/winterpassport)

