



Private Event with Ms. Gaby · By Invitation Only Small group · Limited to 12 children · A nurturing space to pause, play, and give thanks together



Thanksgiving Week Mini-Camp: "Gratitude & Giving"

Private Creative & Mindful Camp for Kids

This three-day creative retreat invites children to slow down and celebrate the spirit of gratitude through mindful movement, journaling, cooking, and nature-inspired art. Each day we'll explore "Gratitude & Giving" with projects like creating Gratitude Journals, decorating a community Gratitude Tree, and making handmade gifts that celebrate kindness and connection.

Hosted by **Gabriela Rocha Caballero.** Eco-Educator, Author, and Founder of Suddha Prem.

Your child will enjoy mindful days that include:

- ✓ All materials & healthy snacks
- ✓ Journaling & mindfulness practices
- ✓ Cooking
- ✓ Gardening
- ✓ Art + coloring
- ✓ Movement
- ✓ Safe & nurturing home environment

When & Where:

When: Monday, November 24th - Wednesday,

November 26th, 2025.

Time: 10-3PM

Where: Private Residence. Woodland Hills, CA.

RSVP: rochacaballerog@gmail.com

suddhaprem.com/thanskgiving-mini-camp

