Woodland Hills, CA.

Ages 5–10

WEDNESDAYS & THURSDAYS

November 4, 5, 12, 18, 19

3:00–5:00 PM

Private Event with Ms. Gaby
5 afternoons · Two hours · Small group · Limited to 6 children

Fall Passport: The Art of Simple Living Series

Creative & Mindful Afternoons for Kids
A Journey of Connection and Creativity

Children explore mindfulness, cooking, art, gardening, and storytelling.
Wednesdays: Tiny Chefs Around the World
Thursdays: Cosmic Art & Nature Explorers

Each week invites gentle yoga, cooking, gratitude, eco-art, and reflection – nurturing calm, creativity, and connection through nature-based play.

Hosted by Gabriela Rocha Caballero. Eco-Educator, Author, and Founder of Suddha Prem.

Your child will enjoy mindful afternoons that include:

- All materials & healthy snacks
- Journaling & mindfulness practices
- Garden-to-table cooking projects
- Gardening
- Art + coloring
- Movement
- Safe & nurturing home environment
- 2 hours / 2 afternoons / per week

Full Program
$500
Half Program
$250

Zelle & RSVP:

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