



Woodland Hills, CA.



Ages 5-10

WEDNESDAYS & THURSDAYS

August 12, 13, 19, 20, 26, 27
September 2, 3, 9, 10, 16, 17, 23,
24, 30

3:00-5:00 PM

Private Event with Ms. Gaby
15 afternoons · Two hours · Small group ·
Limited to 6 children

Back To School Passport: The Art of Simple Living Series

Creative & Mindful Afternoons for Kids A Journey of Connection and Creativity

Children explore mindfulness, cooking, art, gardening, and storytelling.

Wednesdays: Tiny Chefs Around the World

Thursdays: Cosmic Art & Nature Explorers

Each week invites gentle yoga, cooking, gratitude, eco-art, and reflection –
nurturing calm, creativity, and connection through nature-based play.

Hosted by Gabriela Rocha Caballero. Eco-Educator, Author, and Founder of
Suddha Prem.



Your child will enjoy mindful afternoons that include:

- All materials & healthy snacks
- Journaling & mindfulness practices
- Garden-to-table cooking projects
- Gardening
- Art + coloring
- Movement
- Safe & nurturing home environment
- 2 hours / 2 afternoons / per week



Zelle
& RSVP:

rochacaballerog@gmail.com | Suddha Prem
suddhaprem.com/back-to-school-passport

Full Program

\$1,400

Half Program

\$800

Week Program:

\$200

