

Woodland Hills, CA.

Ages 5-10



WEDNESDAY, THURSDAYS
OR FRIDAYS.

Full program: Choose two days/week

April 30

May 1, 6, 7, 8, 13, 14, 15, 20, 21, 22, 27, 28,
29

June 3, 4, 5, 10, 11, 12

3:00-5:00 PM



Private Event with Ms. Gaby

14 afternoons · Two hours · Small group ·
Limited to 6 children



Spring Passport: The Art of Simple Living Series

Creative & Mindful Afternoons for Kids A Journey of Connection and Creativity

Children explore mindfulness, cooking, art, gardening, and storytelling.

Wednesdays: Tiny Chefs Around the World

Thursdays: Cosmic Art & Nature Explorers

Each week invites gentle yoga, cooking, gratitude, eco-art, and reflection –
nurturing calm, creativity, and connection through nature-based play.

Hosted by Gabriela Rocha Caballero. Eco-Educator, Author, and Founder of
Suddha Prem.

Your child will enjoy mindful afternoons that include:

- All materials & healthy snacks
- Journaling & mindfulness practices
- Garden-to-table cooking projects
- Gardening
- Art + coloring
- Movement
- Safe & nurturing home environment
- 2 hours / 2 afternoons / per week

Full Program

\$1,300

Half Program

\$700

Week Program:

\$200

**Zelle
& RSVP:**

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suddhaprem.com/springspringpassport

