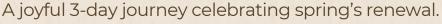


Private Event with Ms. Gaby • By Invitation OnlySmall group • Limited to 12 children • A nurturing space to pause, play, and transform together • Early Bird Tuition Available Through February 1



Spring Break Mini-Camp: The Art of Simple Living

A Private Creative & Mindful Camp for Kids



Inspired by the *life of a butterfly*, this mindful mini-camp invites children to explore the beauty of growth - from stillness to flight - through cooking, yoga, storytelling, gardening, and nature based art.

Hosted by **Gabriela Rocha Caballero** – Eco-Educator, Author, and Founder of Suddha Prem.

Your child will enjoy mindful days that include:

- All materials & organic healthy snacks
- **√** Journaling & mindfulness practices
- ✓ Mindful cooking & gratitude circles
- ✓ Gardening inside a butterfly habitat
- ✓ Nature-inspired art + creative expression
- ✓ Movement, yoga & storytelling
- ✓ Safe & nurturing home environment

When & Where:

When:

Monday, March 30 - Wednesday,

April 1

Time: 10-3PM

Where: Private Residence. Woodland Hills, CA.

RSVP:

<u>rochacaballerog@gmail.com</u> **suddhaprem.com/springbreak-mini-camp**

Early Bird: \$375 Regular: \$500