



Private Event with Ms. Gaby · By Invitation Only

Small group · Limited to 12 children · A nurturing space to pause, play, and transform together · Early Bird Tuition Available Through February 1



Spring Break Mini-Camp: The Art of Simple Living



A Private Creative & Mindful Camp for Kids

A joyful 3-day journey celebrating spring's renewal.

Inspired by the **life of a butterfly**, this mindful mini-camp invites children to explore the beauty of growth - from stillness to flight - through cooking, yoga, storytelling, gardening, and nature based art.

Hosted by **Gabriela Rocha Caballero** – Eco-Educator, Author, and Founder of Suddha Prem.

Your child will enjoy mindful days that include:

- ✓ All materials & organic healthy snacks
- ✓ Journaling & mindfulness practices
- ✓ Mindful cooking & gratitude circles
- ✓ Gardening inside a butterfly habitat
- ✓ Nature-inspired art + creative expression
- ✓ Movement, yoga & storytelling
- ✓ Safe & nurturing home environment

When & Where:

When:

Monday, March 30 -Wednesday, April 1

Time: 10-3PM

Where: Private Residence. Woodland Hills, CA.

RSVP:

rochacaballerog@gmail.com

suddhaprem.com/springbreak-mini-camp

Early Bird:

\$375

Regular:

\$500

