

Woodland Hills, CA.

Ages 5-10

THURSDAYS  
& FRIDAYS



April 16, 17, 30

May 1, 7, 8, 14, 15, 21, 22, 28, 29

June 4, 5, 10

3:00-5:00 PM

Private Event with Ms. Gaby

Small group · Limited to 12 children

# Spring Passport: The Art of Simple Living Series

## Creative & Mindful Afternoons for Kids A Journey of Connection and Creativity

Children explore mindfulness, cooking, art, gardening, and storytelling — inspired by **Tiny Chefs Around the World**, **I AM LOVE**, and **Cosmic Art**.

Each week invites gentle yoga, gratitude, eco-art, and reflection – nurturing calm, creativity, and connection through nature-based play.

Hosted by Gabriela Rocha Caballero. Eco-Educator, Author, and Founder of Suddha Prem.

## Your child will enjoy mindful afternoons that include:

- All materials & healthy snacks
- Journaling & mindfulness practices
- Garden-to-table cooking projects
- Gardening
- Art + coloring
- Movement
- Safe & nurturing home environment

**Zelle  
& RSVP:**

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[suddhaprem.com/springspringpassport](https://suddhaprem.com/springspringpassport)

**Full Program**  
\$1,300  
**Half Program**  
\$700  
**Week Program:**  
\$180

