



Woodland Hills, CA.

Ages 5–10



WEDNESDAYS &
THURSDAYS

December 2, 3, 9, 10, 16 & 17

3:00–5:00 PM



Private Event with Ms. Gaby

6 afternoons · Two hours · Small group · Limited to 6 children

Winter Passport: The Art of Simple Living Series



Creative & Mindful Afternoons for Kids A Journey of Connection and Creativity

Children explore mindfulness, cooking, art, gardening, and storytelling — inspired by **Tiny Chefs Around the World**, **I AM LOVE**, and **Cosmic Art**.

Each week invites gentle yoga, gratitude, eco-art, and reflection – nurturing calm, creativity, and connection through nature-based play.

Hosted by Gabriela Rocha Caballero. Eco-Educator, Author, and Founder of Suddha Prem.



❄️ Your child will enjoy mindful afternoons that include:

- All materials & healthy snacks
- Journaling & mindfulness practices
- Garden-to-table cooking projects
- Gardening
- Art + coloring
- Movement
- Safe & nurturing home environment

**Zelle
& RSVP:**

rochacaballerog@gmail.com | Suddha Prem LLC
suddhaprem.com/passports

**Full Program
\$600
Half Program
\$300**

