

**Private Event with Ms. Gaby · By Invitation Only**  
Small group · Limited to 8 children · Early Bird Tuition  
available through December 15

# The Art of New Beginnings New Year's Camp

Step into the new year with calm hearts, full creativity, and joyful connection. Our **New Year's Camp** invites children to begin 2026 with intention — through nature, art, cooking, yoga, and mindfulness. Each day blends movement, gratitude, and creativity, encouraging kids to slow down, explore, and express themselves.

## Your child will enjoy 5 mindful days that include:

- Mindful art & journaling
- Garden-to-table cooking projects
- Yoga, meditation, & movement games
- Gratitude trees & affirmation cards
- Eco-friendly crafts & nature exploration

**When:** Monday,  
January 5th-Friday,  
January 9<sup>th</sup>, 2026.

**Time:** 10-3PM

**Where:** Private  
Residence.

Woodland Hills, CA.

**Early Bird:**  
**\$625**  
**Regular:**  
**\$775**

**Children will leave feeling inspired, balanced, and connected — ready to start the new year with love, awareness, and imagination.**

**RSVP:** [rochacaballerog@gmail.com](mailto:rochacaballerog@gmail.com)  
[suddhaprem.com/newyears-camp](http://suddhaprem.com/newyears-camp)