



Garden-to-Table Saturdays for Kids

Join Ms. Gaby for a joyful Saturday morning experience that nurtures your child's connection to nature, food, and cultural traditions.

A guide to cultivating harmony through food, sustainability, and mindful living.

Class Includes:

- Hands-on gardening class in a nurturing outdoor space
- Sensory playtime and quiet reading time in the garden
- A shared garden-to-table meal prepared and enjoyed by the children
- All materials and meals included
- A copy of **Tiny Chefs Around the World** and **eco tote bag** for each child to take home
- Winter, Spring & Fall series



Private Garden
Woodland Hills



Early Bird
\$500 per child
Regular:
\$600

SATURDAYS | Winter 2026
February 7, 14, 21, 28 & March 7

- 5-Week Winter Series
- 10:00am–12:00pm
- 6–8 children
- Ages 6–12
- Drop-off Program
- suddhaprem.com/gardentotablesaturdays

**Reserve Your
Child's Spot Today!**

